

RINGWOOD BALLET

KINDER DANCE – OUR OBJECTIVES

AIM: To introduce very young children to the joys of moving to music; to develop their confidence and self esteem while encouraging body awareness and improved coordination and flexibility.

Our Pre school programme is designed to help very young children with their fundamental motor skills, musicality and social skills. It is imperative that children at this age are exposed to opportunities to explore basic movement skills that will develop their stability and coordination. Our classes are designed to do this in a fun imaginative way using suitable music, props and images. Children are also encouraged to work together and to respect each other as well as their teacher and their learning environment.

Before a child can begin to learn specialised and refined movement skills these basics must be mastered – by age 7 most children should be able to balance, hop, skip, gallop etc. and only once these have been mastered is that child ready to study classical ballet, jazz and tap properly. We believe that our program will provide the right opportunities for your children to prepare for dance training and will develop a love of dance in them.